

## 8th Grade E-Learning Schedule

Time		Activities
7:45-8:15	Mindful Practice <a href="#">Go to "blog" at MindfulPractices.us</a>	Daily Morning Mindfulness for All (Online class for FREE)
8:15-9:00	Start Your Day	Breakfast, Make your Bed, Clean your Room
9:00-10:00 <b>Math</b>	<b>Mrs Leal's Groups</b>  Go on Mrs Leal's Google Classroom  Watch daily video and complete lesson and HW. Submit homework under correct link. Complete tagged Mathletics Watch for the time and code for Quizlet Live.	<b>Mrs. Fitz's Group</b>  Go on Mrs. Fitz's Google Classroom.  Complete: Watch video for assigned skill. Notes will be posted on Google Classroom. You may copy or print out. Complete Mathletics activity that matches with the skill in the video and notes.
10:00-11:00 <b>Science</b>	<b>Mrs. Riley</b> is available during this time to answer questions on Google Classroom. Leave a comment under the assignment.	Go on <b>Mrs Riley's</b> Google Classroom  Complete:xtramath Notes with Video Lesson Online Activity (Period 1, 2, and 3) Assignment-1page per lesson (Algebra Class only)
10:45-11:15	Mindful Practice or Break <a href="#">Go to "blog" at MindfulPractices.us</a>	SEL, Dance and Yoga (Online class for FREE)
11:00-11:30	Chores	Ask your parents what you can do to help!
11:30-12:00	Mindful Practice or Break <a href="#">Go to "blog" at MindfulPractices.us</a>	Mindfulness and Yoga (Online class for FREE)
12:00-12:30	Lunch	
12:30-1:00	Independent Reading Time	Read something you love!
1:00-2:00 <b>ELA &amp; Social Studies</b>	Go on <b>Ms Agnew's/Clancey's</b> Google Classroom Complete 1. Two Read Theory Assignments each day 2. Weekly Sadlier Assignments 3. ThinkCerca **Mini lessons/Videos will be posted in Google Classroom for independent reading & writing projects **Email or submit assignments on Google Classroom.	Go on <b>Ms Thomas's</b> Google Classroom  Complete posted daily assignments: 1. ReadTheory (1 quiz daily) 2. Moby Max assigned lessons (review mini lesson, read, answer questions) 3. Independent Reading Response Notebooks (record for all sections in the notebook) 4. Additional assignments as posted on Classroom*  <b><u>Ms. Clancy's Diverse Learners</u></b> <b>Sadlier Vocabulary</b> Unit 14

2:00-4:00	<b>Self-Interests:</b> Research and/or explore self-interests (hobbies - art, music, dance, singing; sports & fitness; fashion & designing; high schools, colleges, & careers; cooking & baking; reading & writing; STEM related activities; current events)	
4:00-4:30	Mindful Practice <a href="http://MindfulPractices.us">Go to "blog" at MindfulPractices.us</a>	Music and Movement (Online class for FREE)

Additional Resources:

[Calm app \(Android\)](#) or [IOS](#)

[Calm website](#)

[Download Calm Classroom Book of Activities](#)

[Common Threads has offered free online cooking resources \(this is our cooking program at Dawes\)](#)